

NYS CA

ON THE AGENDA



MARCH 2026

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WELCOME NEW MEMBERS

The NYSKA would like to welcome new and returning members! Your participation in professional organizations is essential to the advancement of our work for our members and our patients. Thank you!

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PRESIDENT'S MESSAGE

Dear Association Members,
Colleagues, and Friends,

I am often met by my patients with greetings like “What’s up, boss?” to which I reply I am not the boss of anything. Every person who walks through my door is the boss (and I don’t want to get fired).

In chiropractic, service is not simply something we do—it is the very essence of who we are. It is the focus of the product we supply to our patients and more. It is a commitment that extends beyond the walls of our practices, beyond the hours on our schedules, and into the lives of the people and communities we touch every day.

When we speak of **service to the profession**, we speak of stewardship. We are the custodians of a rich and evolving legacy—one built by pioneers who believed in the body’s innate ability to heal and who dedicated their lives to advancing that truth.

Our responsibility is to protect the integrity of that vision, ensuring that chiropractic remains a respected, evidence-informed, patient-centered, results-oriented discipline.

This means advocating for fair policies, such as our scope modernization and partnership bills, supporting research that strengthens our clinical foundation, and fostering an environment where innovation and tradi-

tion work hand in hand.

It also means mentoring the next generation of chiropractors, sharing our knowledge, and modeling the highest standards of professional conduct.

Equally important is our **responsibility to the public**. Every patient who walks through our door places profound trust in us—not only to address their immediate concerns, but to guide them toward a healthier, more empowered life.

This trust is sacred.

It demands that we listen with empathy, communicate with clarity, and treat everyone with dignity and respect.

It calls us to remain lifelong learners, continually refining our skills and expanding our understanding so that we can offer the safest, most effective care possible.

Service, in its truest form, is not measured solely by the number of adjustments we deliver or the hours we work. It is measured by the hope we restore, the function we improve, and the lives we help transform. It is reflected in the gratitude of a patient who can return to work without pain, in the joy of a parent who can once again lift their child, and in the confidence of a young athlete who can compete without fear of injury. Lately, also in the ability to dig their cars out on snowy



Christopher M. Piering DC
NYSCA President

mornings!

As we look ahead, let us remember that our profession thrives when we unite our clinical excellence with our human compassion.

Let us be advocates not only for chiropractic, but for the health and well-being of every person we serve. Let us stand together - proud of our heritage, confident in our science, and committed to a future where chiropractic care is accessible, respected, and valued by all.

Thank you for your dedication, your passion, and your unwavering commitment to both our profession and the communities we serve.

Together, we will continue to advance chiropractic, solidify our foundations, honor the trust placed in us, and leave a legacy of service that will inspire generations to come.

Christopher M. Piering DC

President, New York State
Chiropractic Association



Stay informed and engaged with the latest developments impacting our profession.

We encourage you to turn to [page 27](#) to review the comprehensive update from the NYSCA lobbyist, Amy Kellogg of Harter Secrest & Emery, offering timely insights into current legislative activity. Then, continue to [page 28](#) for an important message from the Chair of the New York Chiropractic Political Action Committee (NYC PAC) on how your involvement helps shape the future of chiropractic in New York. Your awareness and participation truly make a difference.

UPCOMING CONVENTION



Join us for the joint New York State Chiropractic Association & Connecticut Chiropractic Physicians Association

2026 Spring Convention

April 17-19, 2026 at Mohegan Sun Casino & Resort

Sky Convention Center | 1 Mohegan Sun Blvd, Uncasville CT | mohegansun.com

Earn Up to 16CE* (up to 8 Cat1)! Register online at www.nysca.com/spring-convention

The amazing event lineup includes: **CPR /BLS certification** with **Dr. Jeffrey Poplarski** (additional fee applies); Clinical Compass Research Update; **Insurance Bootcamp** with the NYSCA Insurance Committee; Radiology with **Dr. Alicia Yochum**; Sports Injury with **Dr. Kurt Juergens**; Chiropractic Philosophy with **Dr. Eric Russell**; Communication and Ethics with **Dr. Kristina Napuli**; Activator Technique with **Dr. Jamal DeVita**; Chiropractic Neurology with **Dr. Scott Surasky and Dr. Russell Surasky**; Chiropractic Pediatrics with **Dr. Jamie Forster**; Nutrition with **Dr. Cal Forster**.

Save \$50 when you register by 04/03/26; Price below reflects member registration.

Association Member Registration is \$319

Non-member registration is \$419 | Late registration applies as of 04/04/26



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This course is valid for Doctor of Chiropractic CE credits in "pre-approved" states, so long as it falls within the scope of practice as outlined by the corresponding state board and complies with the delivery format attendance requirements. It remains attendees' responsibility to contact the state board(s) from which they seek continuing education credits for purposes of ensuring said board(s) approves both the delivery method and content as they relate to this event. Neither a speaker's or exhibitor's presence at said event, nor product mention or display, shall in any way constitute Northeast College endorsement. The College's role is strictly limited to processing, submitting, and archiving program documents on behalf of course sponsors.



Share Your Voice with the New York State Chiropractic Community

We are now accepting submissions for the next edition of *On the Agenda*. If you've written an article, blog post, or professional piece that advances knowledge in chiropractic care, we encourage you to share it with us. Our members appreciate practical tools, research-based insights, and perspectives that support growth in daily practice. Please note that submissions must be educational and non-commercial in nature (advertorials are not accepted). Multiple submissions are welcome and may be considered for future issues.

Publication Schedule & Deadlines

On the Agenda is published electronically in March, June, September, and December. Articles must be submitted by the 10th of the month prior to publication: February 10 for the March edition, May 10 for the June edition, August 10 for the September edition, and November 10 for the December edition. Articles submitted after the deadline may be considered for the next edition.

Email your submission and author attribution to newsletters@nysca.com.

We look forward to hearing from you and sharing your expertise with our statewide audience!

MEMBER SPOTLIGHT

Dr. Caitlin Simpson

Genesee Valley Chiropractic Care
Lakeville, NY

Dr. Caitlin Simpson is a 2019 graduate of Northeast College of Health Sciences and currently practices at Genesee Valley Chiropractic Care in Lakeville, NY.

Dr. Simpson actively advocates for improved patient access to chiropractic care through her involvement with the New York State Chiropractic Association (NYSCA) and American Chiropractic Association (ACA), with particular focus on expanding Medicare coverage for chiropractic services.

She has recently been appointed to serve as the ACA's Affiliate to the NYSCA Board of Directors. In January 2026 at ACA Engage in Washington DC, Dr. Simpson received the ACA's Flynn-Lynch Award, which recognizes an outstanding member with no more than five years of service in the House of Delegates.

Dr. Simpson is dedicated to helping patients of all ages achieve sustainable, pain-free, and active lifestyles through



Dr. Caitlin Simpson receives Flynn-Lynch Award from ACA President, Dr Marc Nynas

comprehensive chiropractic care. She has advanced training in women's health chiropractic care and pediatric chiropractic treatment. She is Webster Technique certified, a specialized prenatal chiropractic technique, and has completed extensive continuing education focused on serving children of all ages. Her expertise helps female patients and pediatric patients reach their full health potential.

When not treating patients, Dr. Simpson enjoys an active lifestyle with her family frequently exploring local parks and outdoor activities.

SPONSOR SPOTLIGHT



NCMIC has been a trusted partner of the chiropractic profession for decades, standing alongside doctors and associations with a clear understanding of what it takes to build and sustain successful practices. As a long-time corporate sponsor, NCMIC's commitment extends far beyond insurance and financial services. They consistently invest in the long-term strength, credibility, and growth of chiropractic through education, advocacy support, and meaningful engagement with professional associations.

NCMIC's support helps associations expand member resources, deliver high-quality programming, and advance initiatives that protect and promote the profession. Their team brings deep industry expertise and a genuine appreciation for the unique challenges chiropractors face throughout their careers. Through ongoing partnership, NCMIC helps ensure a strong, sustainable future for chiropractic.

We are grateful for NCMIC's enduring partnership and continued dedication to the Chiropractic profession and to the NYSCA.

!! Healthcare Provider Education and Training !!

•NYS Sexual Harassment Prevention

(required annually) <https://www.ny.gov/combating-sexual-harassment-workplace/>

•Medicare Fraud and Abuse Training

(required annually) <https://www.cms.gov/Outreach-and-Education/>

• Mandated Reporter Training (Updated 09/01/2025) - Due November 2026

www.op.nysed.gov/about/training-continuing-education/child-abuse-identification-reporting

•Cultural Competency Training

(required annually by some networks) <https://thinkculturalhealth.hhs.gov>

•No Surprises Act's Good Faith Estimates

<https://www.cms.gov/files/document/gfe-and-ppdr-requirements-slides.pdf>

UPCOMING CONVENTION

CTChiro
Connecticut Chiropractic Physicians Association



Register today for the joint New York State Chiropractic Association & Connecticut Chiropractic Physicians Association

2026 Spring Convention

April 17-19, 2026 at Mohegan Sun Casino & Resort | 1 Mohegan Sun Blvd, Uncasville CT

For details please visit www.nysca.com or contact the NYSCA Admin Office at 518-785-6346

Earn Up to 16CE* (up to 8 Cat1)! Register online at www.nysca.com/spring-convention

Speaker Lineup



- ◆ **CPR /BLS certification** with Dr. Jeffrey Poplarski (additional fee applies)
- ◆ **Clinical Compass** Research Update
- ◆ **Insurance Bootcamp** with the NYSCA Insurance Committee
- ◆ **Radiology** with Dr. Alicia Yochum
- ◆ **Sports Injury** with Dr. Kurt Juergens
- ◆ **Chiropractic Philosophy** with Dr. Eric Russell
- ◆ **Communication and Ethics** with Dr. Kristina Petrocco Napuli
- ◆ **Activator Technique** with Dr. Tom DeVita
- ◆ **Chiropractic Neurology** with Dr. Scott Surasky and Dr. Russell Surasky
- ◆ **Chiropractic Pediatrics** with Dr. Jamie Forster
- ◆ **Nutrition** with Dr. Cal Forster.

Event Supporters and Sponsors

Including: NCMIC | Foot Levelers | NutriWest-NY | Activator Methods International | Clinical Compass | Saatva | CGI Digital | Northeast College of Health Sciences | and many more!

Save \$50 off at the door pricing when you register by 04/03/26!

Association Member Registration is \$319

Non-member registration is \$419 | At the door pricing applies as of 04/04/26

†Attend NCMIC's seminar for a total of 8 hours on Saturday to receive a discount for 3 years on the renewal of your NCMIC malpractice insurance premium. 5% discount for full-time DCs; 2.5% discount for part-time DCs.

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Why You Should Attend the NYSCA and CT Chiro 2026 Spring Convention

Join us April 17 to 19, 2026 at Mohegan Sun for a comprehensive program designed to support every facet of your professional growth. This year's Spring Convention offers the opportunity to earn up to 16 continuing education credits across 3 days, featuring 2 full course tracks to meet a wide range of clinical and professional interests.

With high quality instruction, hands-on learning, and a welcoming destination, the event is built to deliver value to every attendee.

Strengthen Your Clinical Expertise

The 2026 Spring Convention offers a valuable opportunity to enhance your clinical skills through evidence-based sessions focused on common chiropractic cases. Attendees will participate in technique training that can be implemented immediately in practice.

You will also have the opportunity to attend NCMIC-sponsored lectures for a total of eight hours on Saturday. Completing these sessions qualifies you for a three-year discount on the renewal of your NCMIC malpractice insurance premium, adding important financial value to your professional development.

Meet Essential Certification Requirements

The Convention will provide CPR/AED Basic Life Support certification on site. This certification is required by some insurance networks, and completing it during

the event ensures you remain compliant with key professional standards.

Reconnect and Collaborate with Colleagues

The Convention brings together Doctors of Chiropractic from across New York and Connecticut. It is an ideal place to reconnect with longtime colleagues, meet new professionals, and share the realities of day-to-day practice. These conversations foster a sense of community and support that strengthens the profession as a whole.

Explore Innovative Products and Services

In the Exhibit Hall, regional and national vendors will present products, services, and strategies designed to enhance patient care and support practice growth. This is an excellent opportunity to explore new tools that can help you expand offerings and generate additional revenue.

Enjoy a Restorative, Family-Friendly Experience

The venue offers on-site entertainment, dining, spa services, and family-oriented amenities. Many attendees choose to bring loved ones and enjoy a well-deserved weekend getaway while balancing personal time with professional development.

Shape the Future of Chiropractic Care

The Spring Convention provides a forum for important discussions on advocacy, policy, and

emerging issues affecting chiropractic care in both states. Your participation ensures that your voice helps guide legislative priorities and the future direction of the profession.

Support Your State Associations

As the largest organizations representing Doctors of Chiropractic in New York and Connecticut, the New York State Chiropractic Association and the Connecticut Chiropractic Physicians Association depend on member engagement to advance shared goals. Attending the Convention is a meaningful way to support these efforts and demonstrate your commitment to the profession.

Connect with Association Leadership

Elected Officers, Directors, and Delegates from both associations will be available throughout the event to discuss organizational initiatives, answer questions, and engage with members. Their presence underscores the collaborative spirit of the Convention and the importance of professional involvement.

They have made their commitment, and we invite you to make yours by confirming your attendance at the 2026 Spring Convention.

We appreciate your dedication and look forward to being together in person!

Scan the QR code to register today!



UPCOMING CE WEBINARS



Earn Continuing Education credits from the comfort of your office

In addition to CE available at our statewide conventions, the NYSCA offers continuing education credit via webinar through Northeast College of Health Sciences Post-Grad. NYSCA Webinars are held most months, usually on a Wednesday at 1pm EST.

Golf Performance through Chiropractic

Presented by: Dr. Jeffrey Poplarski
March 4, 2026 | 1pm-2pm (1CE)

[Register Online](#)

In this one-hour presentation, participants will explore how chiropractic care enhances athletic potential by supporting the physical foundations of elite performance. We will examine how integrating instruction, equipment, mental focus, and physical conditioning optimizes outcomes. Attendees will learn how kinematic sequencing, mobility, and stability directly influence swing efficiency, accuracy, and power. Practical screening and exercise protocols will be shared to help clinicians translate these principles into improved patient performance on and off the course.

Foot Posture and Biomechanics in Chiropractic Care: Orthotic Solutions for Active Lifestyles

Presented by: Dr. Edward Glaser
May 20, 2026 | 1pm-2pm (1CE)

[Register Online](#)

This session examines how overpronation in the foot affects full-body alignment and performance. Dr. Edward Glaser introduces MASS Posture biomechanics, a physics-based model that improves gait efficiency and stability. Attendees learn practical strategies to assess and correct foot posture, enhancing balance, function, and injury prevention in active patients.

The Roadmap to Success: Implementing Evidence-Based Nutrition in Everyday Clinical Practice

Presented by: Dr. Robert Silverman
June 10, 2026 | 1pm-2pm (1CE)

[Online Registration
Coming Soon](#)

In this new and insightful presentation, Dr. Robert Silverman offers a comprehensive exploration of evidence-based nutrition's pivotal role in augmenting everyday practice within the realm of functional nutrition. The session delves into integrating flowcharts, protocols, and case studies to elucidate the practical implementation of nutrition in diverse patient scenarios. By amalgamating empirical data with clinical expertise, attendees will gain insights into personalized lifestyle strategies that align with individualized healthcare needs.

Tuition Discount

Association Members are eligible to receive a discount on tuition for NYSCA-sponsored webinars via coupon code at registration check-out. Please be sure to check your email for the discount code, which is included for all NYSCA members. You must have your discount code BEFORE registering. Please note, once you register, the discount code cannot be applied retroactively. Contact the NYSCA Administrative Office at 518-785-6346 for more information.

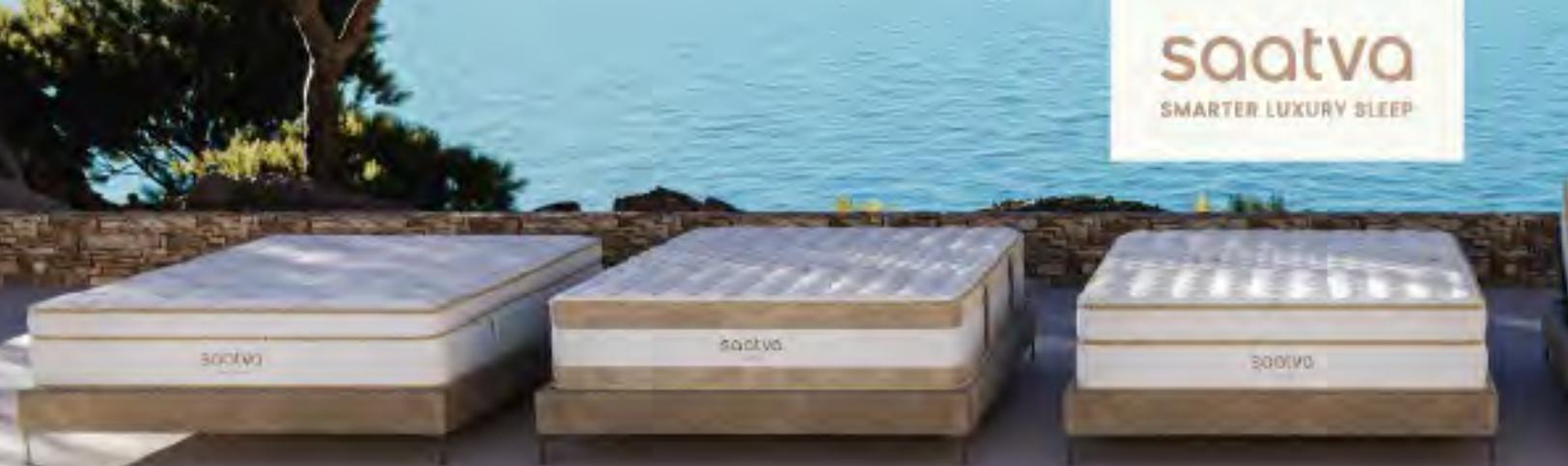
Registration Deadline

Attendees MUST be registered and paid via credit card or check by 3:00 pm, one week before the course is to take place, to avoid additional fees. All unpaid/ late registrations and at door registrations are subject to the following non-refundable fees: add \$5 (1-hr webinars).

License Renewal

Continuing education credit (CE) is provided by Northeast College of Health Sciences. These seminars are valid for CE credits in "pre-approved" states, so long as they fall within the scope of practice as outlined by the corresponding state board. It remains attendees' responsibility to contact the state board(s) from which they seek continuing education credits for purposes of ensuring said board(s) approves both the delivery method and content as they relate to this event. Neither a speaker's or exhibitor's presence at said event, nor product mention or display, shall in any way constitute Northeast College endorsement. Northeast College's role is strictly limited to processing, submitting, and archiving program documents on behalf of course sponsors.

[Learn More: Northeast College Continuing Education Policy](#)



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How Your Association Membership Powers Your Practice

If you are a member of the New York State Chiropractic Association, you belong to the largest and most leading professional association representing doctors of chiropractic in New York State.

Members engage with the NYSCA in different ways. Some participate regularly in events and member programs, while others stay focused on their practice and may rarely tap into member-only offerings.

It is natural to wonder, at times, what the association is doing for you personally. The answer becomes clearer when you look at the work that protects your practice every day, often long before you ever need to ask for help.

Your membership powers those efforts.

Legislative Advocacy That Shapes Your Daily Practice

The NYSCA Legislative Committee remains one of the strongest pillars of your membership. Throughout the 2025 legislative session, the committee advanced important scope modernization efforts that reflect the education and clinical competencies of today's chiropractors. These updates are designed to expand your ability to provide evidence-based care while reducing barriers that limit patient access.

The committee also works continuously on issues that directly affect your bottom line. From



Image by Arek Socha from Pixabay

engaging with policymakers about the chiropractic role within the Workers' Compensation system to stopping proposals that would restrict reimbursement or limit treatment options, these efforts help preserve the financial and clinical stability of your practice. Much of this work is preventive, meaning the problems are resolved before they ever reach your doorstep.

Insurance Guidance That Helps You Navigate a Complicated System

Alongside legislative advocacy, the NYSCA Insurance Committee provides ongoing education and support to help you navigate insurers, no fault, and Workers' Compensation requirements. Members regularly rely on committee resources to interpret policy changes, understand billing expectations, and avoid compliance pitfalls.

Even if you rarely ask questions or join webinars, the commit-

tee's work supports you. Their guidance helps maintain fair processes, brings issues to carriers before they escalate, and equips the profession with consistent, accurate information.

Marketing Tools and Patient Education Resources That Elevate Your Practice

Membership also provides access to high quality public awareness and patient communication tools. Through the Foundation for Chiropractic Progress (F4CP), you receive positive press materials, in-office resources, and ready to use marketing content that highlights the value of chiropractic care. These materials make it easier to educate your patients, strengthen your community presence, and promote the role of chiropractic within the wider healthcare landscape.

Additionally, members have

(Continued on page 11)

(Continued from page 10)

complementary access to evidence based clinical resources through the Clinical Compass Evidence Center. These tools support informed decision making, help you stay current with best practices, and reinforce confidence in your care among patients, colleagues, and payers.

Value That Reaches You Even When You Don't Actively Participate

Even when members do not attend seminars, join committees, or use every available resource, they still receive the benefit of a stable, well represented profession. Strong advocacy keeps harmful legislation from passing. Insurance engagement prevents arbitrary restrictions. Educational support ensures that accurate, up to date information is available when you need it. These benefits flow directly to your practice and your patients.

A Strong Profession Supports a Strong Practice

Lawmakers and regulators listen to organizations

with unified membership. Your participation, even at a quiet level, strengthens the credibility and influence of the NYSCA. That strength is what allows the association to open doors, shape legislation, hold insurers accountable, and promote the role of chiropractic care in New York.

Your membership is an investment in the future of your own practice, and by extension the profession. It helps secure the environment in which you work and ensures that when challenges arise, there is a knowledgeable, organized voice ready to respond.

Thank you to every member who continues to invest in the strength and future of our profession. Your commitment fuels the advocacy, resources, and community that support chiropractors across New York.

If you are not yet a member, this is an ideal time to explore how membership can elevate your practice, expand your network, and protect your ability to serve your patients with confidence.

Join today or reach out to our team to learn more. We appreciate your dedication to advancing chiropractic care in our state.

Learn more and Join NYSCA Today!



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Reasons to Take a Newborn to a Chiropractor

Understanding the Benefits and Considerations

By Dr. Jamie Forster | Reprinted with appreciation to *The American Chiropractor*

Chiropractic care for newborns is unconventional for many, but it is growing in popularity for parents seeking natural and conservative approaches to their child's health and well-being. While most chiropractors are treating adults experiencing back pain, neck pain, headaches, or injuries, chiropractic care for infants is rooted in gentle, specialized techniques that offer countless health benefits.

Here, we will learn why parents are encouraged to take their newborn to a chiropractor and discover some potential advantages and pertinent considerations.

Promoting Healthy Development

One reason parents take their newborns to see a chiropractor is to support healthy development for physical development (sitting, crawling, walking, jumping) and cognitive skills (recognition/repeat activities, language, comprehension). The birthing process is traumatic and can be physically taxing for the mother and the infant.

A chiropractor can assess a newborn's cranium, spine, and nervous system alignment, addressing any misalignments that may have occurred during delivery. Early intervention is the best approach to correct minor issues so that they don't develop into more significant problems later in life.

Addressing Birth Trauma

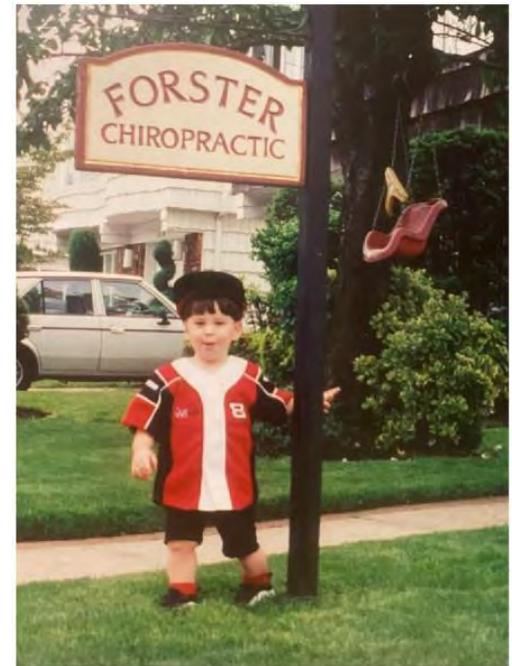
Procreation and the birthing process are the most beautiful and amazing moments of life, but birth is traumatic. Every newborn would benefit from chiropractic adjustments (mostly cranial) to establish a state of homeostasis.

Going from dark, wet, and warm (98.6 degrees Fahrenheit) to lights, sounds, and breathing air is a transitional trauma. The journey through the birth canal can result in physical stress or injuries to the infant's body.

Techniques utilized by chiropractors for newborns are gentle and effective (similar to adults with extra attention to a gentle approach) to alleviate the areas of compromise and promote a healing response. It can reduce discomfort and enhance the infant's ability to rest calmly and thrive.

There are various adjusting techniques utilized for infants, including cranial adjusting for asymmetry or flat regions. Cranial adjustments in infants can be effectively performed with precise and gentle techniques.

One method involves stabilizing the crown of the head with one hand, while the other hand performs rhythmic, controlled movements over the frontal bone, sphenoid bone, or maxilla. In cases where asymmetry is observed, such as flattening in the temporal or occipital areas, the occipital ridge can serve as



Dr. Forster's son Cal at 3yo, advertising his dad's office. He is currently 3rd generation and in practice with him.

an anatomical contact point. Applying gentle upward traction from an inferior to superior direction on the occipital ridge facilitates the rounding of the cranium and supports cranial symmetry.

Cervical traction (manual non-force) to resolve torticollis, thoracic adjustments, and extremity adjusting can be helpful. Hip click and knee click are common conditions, but the talus subluxation is by far the most common adjustment needed to address in-toeing (pigeon-toed) and out-toeing issues. The procedure involves axial traction, and most talus adjustments result in an audible and palpable osseous release.

Read more: <http://www.theamericanchiropractor.com/>

What if This Was Your Report of Findings?

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Balance Distribution



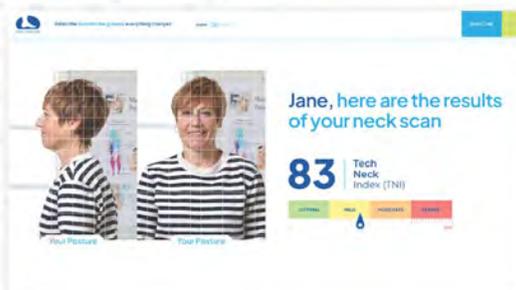
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NYSCA member highlighted at the NCMIC Starting into Practice Ambassador Retreat

NYSCA member and Northeast College of Health Sciences alumni, [Abigail Riutta, DC](#), attended the NCMIC Starting into Practice Ambassador Retreat in New Orleans, LA, where she shared her experience in chiropractic school, her transition out of school, and her first year in practice.



Abigail Riutta DC presents at the NCMIC Starting into Practice Ambassador Retreat in New Orleans, LA.

After graduation in March 2025, Dr. Riutta immediately opened her own practice in Gouverneur, NY. Dr. Riutta takes pride in providing individualized evidence-informed care to the members of her community.

Learn more about the NCMIC Starting Into Practice Program: <https://www.ncmic.com/industries/chiropractor/students/>

Legislative & Regulatory Forecast: What DCs Need to Know in 2026

To say that the legislative and regulatory landscape in 2026 could significantly reshape the chiropractic profession is an understatement. From potential Medicare reform to increased state-level oversight and compliance expectations, chiropractors should be paying close attention to policy changes that directly affect practice, reimbursement, and professional autonomy.

[Read More](#)

Webinar: 2026 Coding Changes with Dr. Evan Gwilliam

What's new for 2026? Dr. Evan Gwilliam, certified professional coding and ICD10 lecture instructor, is here with the coding changes you need to know about going into the new year.

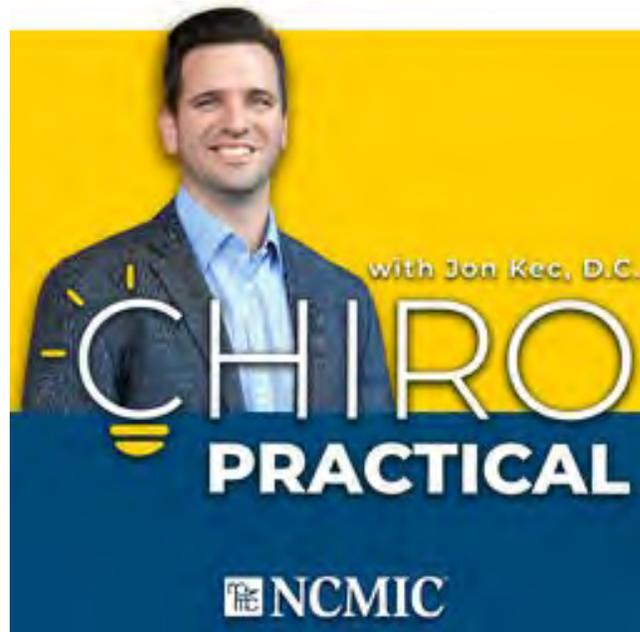
[Watch Now](#)

From the 1991 Archives: Documentation Reinforces Defense

In celebration of our 80th anniversary, we're flipping through the case study archives. While documentation methods may have changed (you're probably not using correction fluid anymore), one thing remains constant: thorough documentation makes all the difference in winning a claim. [Read More](#)

Dr. Lou Sportelli Discusses 80 Years of NCMIC and Chiropractic Progress

NCMIC's Chiropractical podcast welcomes Dr. Lou Sportelli to reflect on NCMIC's 80-year anniversary and the chiropractic progress he has witnessed along the way. [Read More](#)





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Opening Doors for Future Healthcare Professionals: How Chiropractors Can Support Local Students Through Mentorship

Every so often, an opportunity arises that reminds us of the impact a single connection can have. Recently, a STEM high school reached out seeking a mentor for a student exploring healthcare careers. While the student expressed interest in muscular and kinesiology studies rather than chiropractic specifically, their curiosity highlights a space where doctors of chiropractic can make a meaningful difference.

Students often begin exploring musculoskeletal and functional health long before they step onto a college campus. They look for role models who can help them understand the human body, athletic performance, and patient care. Chiropractors are uniquely positioned to guide these conversations. With training focused on the spine, muscles, and the biomechanics that drive movement, doctors of chiropractic can offer students an evidence-based, patient-focused perspective that is highly relevant to their interests.

These mentorship moments do more than support individual students. They help broaden awareness of chiropractic among future healthcare providers, families, and school communities. They also demonstrate the collaborative spirit of our profession and its readiness to engage with the next generation.

Connecting With Local Schools

If you are a doctor of chiropractic looking to promote the pro-



A Doctor of Chiropractic speaking to STEM students at a high school. Image generated with AI

fession locally, a strong first step is to reach out to your school district. Many districts have STEM academies, health science tracks, or athletic training programs that welcome involvement from healthcare professionals. Often, simply expressing interest can open the door to guest presentations, shadowing experiences, or one-to-one mentoring.

You may also discover opportunities by speaking with patients who are parents. Many families have direct knowledge of the specialized programs within their children's schools. A brief conversation can reveal STEM pathways, health science electives, or extracurricular programs that could benefit from professional involvement.

Sharing Real World Clinical Insight

Students appreciate hearing how healthcare works beyond textbooks. Share your clinical

experience, areas of specialty, and the factors that motivated you to pursue chiropractic. These conversations help students connect classroom learning with meaningful real-world applications.

Offering Shadowing Opportunities

Short-term shadowing or informational visits can have a significant impact. Even a single morning in a clinic can spark curiosity and allow students to see chiropractic as a respected, science-based, and patient-focused profession.

Building Partnerships Within the School Community

Guidance counselors, athletic trainers, and coaches are often the first to identify students interested in musculoskeletal sciences or sports medicine. Devel-

(Continued on page 17)

(Continued from page 16)

oping relationships with them helps ensure chiropractic is included as students explore healthcare pathways.

Highlighting the Science of Chiropractic

For students drawn to kinesiology, biomechanics, and human performance, chiropractic naturally aligns with their academic interests. Presenting chiropractic through this lens helps students understand the profession's role within the broader healthcare landscape.

Making Yourself Available as a Mentor

Many schools do not know how to establish initial connections

with healthcare providers. A simple introduction from a local doctor of chiropractic can open new opportunities for students and create long-term relationships that benefit both the community and the profession.

Investing in the Next Generation

Mentorship strengthens not only the student but the chiropractic profession. By engaging with young learners early in their academic journeys, chiropractors can help shape future healthcare providers who value holistic, movement-based approaches to wellness.

Share Your Story: Help Us Grow

If you have previously partici-

pated in mentorship or outreach efforts with local schools, whether through guest speaking, shadowing, career day events, or informal mentoring, we encourage you to reach out to the NYSCA leadership and share your experience.

Your insights, success stories, and lessons learned can help us shape a stronger, more effective outreach strategy. By sharing your work, you contribute to a collective effort to build community connections and promote chiropractic awareness across regions. As more chiropractors step forward to support and mentor aspiring students, we strengthen not only individual futures but also the future of our profession as a whole.

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Shape the Future of Chiropractic in New York

NYSCA governance elections are approaching, and now is the time for members across the state to consider stepping into leadership. If you have ever thought, "If only I were in charge," this is your moment to turn that thought into action and help guide the future of our profession in New York.

Serving as an NYSCA officer, regional director, district leader, or committee member is more than a title. It is a meaningful opportunity to influence policy, support colleagues, and strengthen chiropractic's voice statewide. Leadership begins with engagement, and planning starts now.

2026 NYSCA Elections: Board Positions Open

Because 2026 is an even-numbered year, six Regional Director positions will be open on the NYSCA Board of Directors:

- Three positions representing **Region 2**, which includes Districts 6 and 7 (Nassau and Suffolk Counties)
- Three positions representing **Region 4**, which includes Districts 12, 15, 16, and 17, covering Central, Finger Lakes, the Southern Tier, and Western New York

Certain incumbent directors may be eligible to seek another term.

Looking ahead, 2027, an odd-numbered year, will bring elections for all NYSCA officer positions, including president, vice president, recording secretary, communications secretary, and treasurer, as well as Regional Directors for Regions 1 and 3.

Who Can Run for Regional Director

To be eligible to campaign for Regional Director in Regions 2 or 4, candidates must:

- Live or work within the region they seek to represent
- Have previously served as a district officer or as a delegate to the NYSCA House of Delegates within that region
- Have been an active NYSCA member for the 3 consecutive years prior to nomination
- Have attended at least 70% of district meetings in the year preceding nomination

These requirements ensure that candidates are engaged, informed, and prepared to serve effectively.

How to Declare Your Intent to Run

Qualified members may self-nominate or be nominated by another NYSCA member. All candidates must formally accept their nomination by completing the Intent-to-Run packet, available on the NYSCA Elections page.

The packet includes:

- An Intent-to-Run form
- A Disclosure form identifying any potential conflicts of interest
- A curriculum vitae highlighting education, licensure, experience, and achievements

Disclosure of a conflict does not automatically disqualify a candidate but may require recusal from related votes if elected. Information from the CV is used to prepare candidate biographies distributed to members in contested elections.

Completed Intent-to-Run packets must be submitted by April 1. Ballots will be distributed by May 1, and newly elected leaders will assume office on June 1, the start of the next NYSCA fiscal year.

Start Local: District Elections Matter

One of the best ways to prepare for state leadership is active participation at the district level. District elections will be held this May at regularly scheduled meetings.

District Presidents and Vice Presidents must be active NYSCA members, live or work in the district for at least one year, and have attended at least 70 percent of district meetings in the prior year. District leadership plays a vital role in representing members at the House of Delegates and building the pipeline for future state leaders.

Committee Service: Another Path to Impact

The NYSCA's committees are essential to advancing, protecting, and supporting chiropractic across New York. Members with specific skills, experience, or interest are strongly encouraged to get involved.

Committee service is an excellent way to contribute, learn, and connect.

If you have questions or want to take the next step, please contact NYSCA at info@nysca.com or use the Contact form on the NYSCA website.

Your voice matters. Your experience matters. This is your invitation to lead.

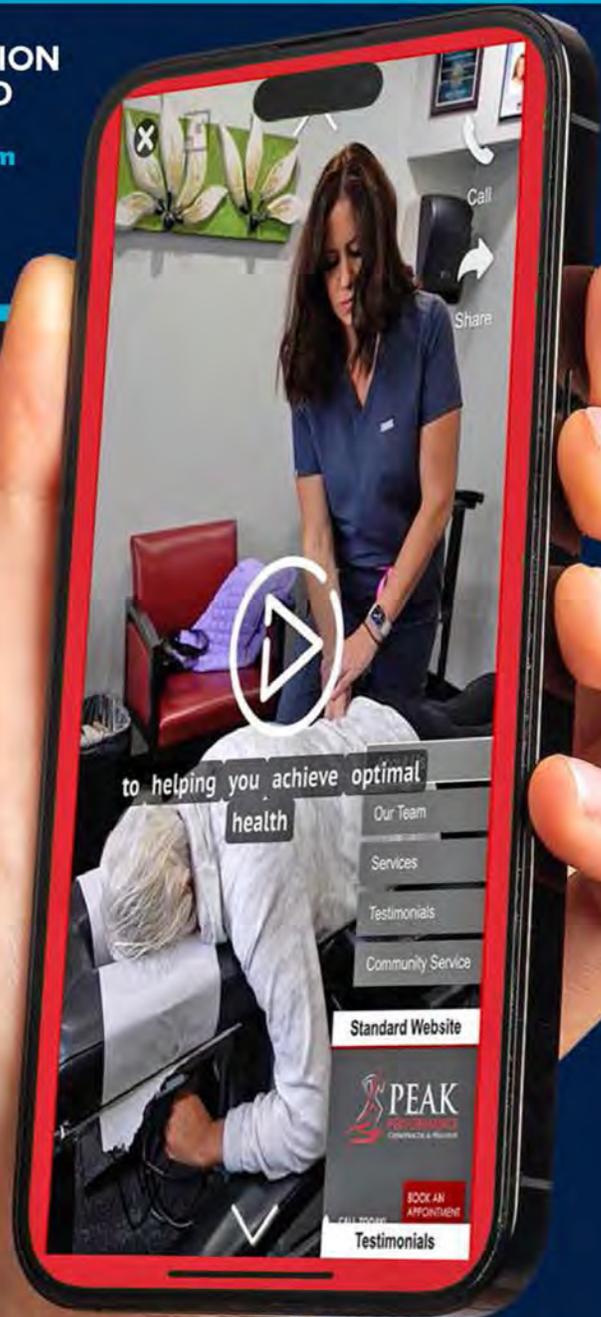
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Chiropractic Takes Center Stage in NYC

Recap of the F4CP and NYSCA Statewide Movie Theater Campaign



Celebrating Public Engagement in NYC and Beyond

On January 17, 2026, chiropractic care received exciting public visibility when the New York State Chiropractic Association (NYSCA), in collaboration with the Foundation for Chiropractic Progress (F4CP), hosted a community outreach event at Alpine Cinema in Brooklyn as part of their statewide movie theater campaign.

The campaign, which ran from December 15, 2025 through January 25, 2026, featured chiropractic-focused media in 11 theaters across New York, including locations in Manhattan, Brooklyn, Albany, Buffalo, Syracuse, Kingston, Oswego, Oneonta, and Farmingdale.

During the event, audiences viewed a 30 second Adjusted Re-



Dr. Anthony Siano (D2) shares the message of *Adjusted Reality* with his Brooklyn neighbors

ality commercial followed by a 15 second chiropractic trivia clip. These spots encouraged viewers to learn more about chiropractic and connect with qualified practitioners through the national directory promoted by F4CP.

NYSCA Leadership and Members Attend and Support the Event

NYSCA leadership and members of the association attended the event to support the outreach effort and engage directly with the public. The tabling area was active throughout the afternoon, offering resources, information, and opportunities for attendees to speak with Doctors of Chiropractic.

Dr. Sherry McAllister, President of F4CP, was on site to meet with NYSCA members and greet the public. She spoke with attendees about the benefits of chiropractic care and signed copies of her book *Adjusted Reality: Supercharge Your Whole Being for Optimal Living and Longevity*.

Her presence provided a meaningful opportunity for members to connect with national leadership and strengthened the spirit of collaboration between the organizations.

Expanding Awareness of Chiropractic in NYC

The Brooklyn event offered a unique platform to highlight the value of chiropractic care in one of the most diverse and populated areas of the state.

By engaging with movie goers in a familiar and relaxed setting, the campaign helped introduce chiropractic to individuals who may not have been aware of its full scope or benefits. The approachable setting and informative media content created an effective

pathway for the public to explore chiropractic as part of their wellness journey.

Strengthening the Profession Through Public Outreach

This initiative served as more than a promotional campaign. It represented an investment in public education, community connection, and the long term visibility of the profession.



Dr. Christopher Singh (D3) speaks to theater-goers about the benefits of chiropractic care

By bringing chiropractic into mainstream spaces, NYSCA and F4CP demonstrated a shared commitment to expanding public understanding of drug free, patient centered care.

Looking Ahead

The success of this event underscores the importance of ongoing outreach and collaboration. NYSCA and F4CP will continue to explore innovative ways to increase the visibility of chiropractic care, support practitioners, and engage communities throughout New York State.

Thank you to the volunteers, leaders, and members who contributed to this event. Your dedication continues to move the profession forward, and we look forward to sharing more initiatives in the months ahead.

Announcing the Joint NYSCA-CT Chiro 2026 Spring Convention

We are pleased to share that the NYSCA 2026 Spring Convention at Mohegan Sun will be held jointly with the Connecticut Chiropractic Physicians Association. This collaboration brings a meaningful opportunity to strengthen relationships across state lines and enhance the educational experience for all attendees.

By coming together, we are able to expand our continuing educa-

tion offerings, bring in a wider range of speakers and perspectives, and create new opportunities for professional connection. Joint conventions allow us to learn from one another, share successful strategies and broaden the sense of community within the chiropractic profession.

We encourage all members to register early for this special event. Early registration helps

ensure access to preferred sessions and accommodations. Just as important, we invite you to join us in welcoming our Connecticut colleagues to our annual gathering and making this shared convention a valuable experience for everyone involved.

Thank you for your continued support of NYSCA. We look forward to seeing you at this exciting joint event.

Register now for the NYSCA and CT Chiro 2026 Spring Convention

April 17-19, 2026 at Mohegan Sun | 1 Mohegan Sun Blvd, Uncasville, CT

For details please visit www.nysca.com or contact the NYSCA Admin Office at 518-785-6346

Office Compliance Blog Series for your Practice

The NYSCA has developed a monthly Compliance and Practice Management Blog Series, designed to provide timely guidance, practical reminders, and actionable strategies to help members meet regulatory requirements and strengthen daily operations throughout the year. Check out the recent posts:

- November 2025: [Patient Satisfaction & Retention: Year-End Review for Your Chiropractic Practice](#)
- December 2025: [Year-End Financial and Policy Review: Preparing Your Chiropractic Practice for the New Year](#)
- January 2026: [Annual HIPAA Review and Security Risk Assessment: Safeguarding Patient Information](#)
- February 2026: [Sexual Harassment Prevention Training: Ensuring a Safe and Respectful Workplace](#)

Watch for new topics released each month to support your continued compliance, operational excellence, and long-term practice success.

Clinical Compass Announces 2026 Board, Highlighting NY Leadership

Clinical Compass has announced its 2026 Board of Directors, continuing its mission to advance evidence-based chiropractic care.

We are pleased to note the participation of two NY-based leaders on the board: Sarah Tirimacco, DC EMBA, of Rochester, who serves as ChiroCongress Representative for District 1, and Gerald Stevens, DC MS MPH, of Buffalo, who serves as ChiroCongress Representative At-Large.

Their involvement highlights the strong presence of New York chiropractors in national leadership and collaboration efforts.

Read More: [Clinical Compass announces 2026 Executive Board and ChiroCongress District Representatives](#)



Advancing Our Association: Updated Bylaws Approved and Policy Review Underway

The chiropractic profession continues to evolve, and so does the NYSCA. We are pleased to share that the updated bylaws, previously posted for member review and feedback, received strong support from the membership throughout the comment period. Following this input, the NYSCA Board of Directors held the official vote in January and approved the revised bylaws. This important step modernizes our governance structure, strengthens operational efficiency, and ensures that the Association remains aligned with the needs of today's practitioners.

With the bylaws update now complete, the Board has begun the next phase of this initiative. Work is underway to update the NYSCA Policies and Procedures Manual so that our internal processes align with the new bylaws and reflect current best practices for association management. This effort will help streamline operations and reinforce consistency across all areas of organizational activity.

Members can continue to access information and updates related to this project in the Members Only section of our website. Read more: www.nysca.com/bylaws2025revision

**As a benefit of membership, access to this article is limited to current members of the NYSCA*

Annual HIPAA Review and Security Risk Assessment: Safeguarding Patient Infor- mation

Start the year by reviewing your office's HIPAA compliance. Completing your annual Security Risk Assessment and updating privacy policies not only fulfills federal requirements but also protects your patients and your practice.

Learn practical steps and access official resources in this [NYSCA Compliance & Practice Management article](#).

Attend the NYSCA Membership Meeting at the 2026 Spring Convention

We are proud to share details for the NYSCA Membership Meeting scheduled in conjunction with our 2026 Spring Convention at Mohegan Sun.

The meeting will take place on Saturday, April 18, 2026, at 1:15 p.m. in Classroom A1, immediately following the Saturday luncheon. This gathering is an important opportunity to engage with colleagues and stay informed about the ongoing work of the Association.

You will hear from the NYSCA Officers and Directors as they provide updates on the state of the Association and the current environment of chiropractic in New York State.

Thank you for your continued dedication to NYSCA. We appreciate your engagement and hope you will join us in April.

Annual Sexual Harassment Prevention Training

New York State requires all employers, including chiropractic offices, to complete annual sexual harassment prevention training for every employee. Ensure your office meets this important compliance requirement and fosters a safe, professional environment.

Read this [NYSCA Compliance & Practice Management article](#) for step-by-step guidance and official resources.

Compliance Reminder: CPR Training Available at Spring Convention

Ensure your staff are ready for emergencies by keeping CPR certification current. Attendees can complete or renew certification conveniently at the 2026 Spring Convention, combining professional development with essential office safety.

Learn best practices and official resources in this [Compliance & Practice Management article](#).

PRACTICE ALERTS

NYS Updated Mandated Reporter Training Now Available Online; Due November 2026

As part of New York State's ongoing commitment to protecting vulnerable children, recent legislation has [expanded training requirements](#) for mandated reporters. This is a new requirement that applies even to those who previously completed the mandated reporter training required by April 1, 2025.

The NYSCA Education and Events Committee has been coordinating with the Northeast College of Health Sciences Frank J. Nicchi School of Continuing Education in the development of a course that fulfills the new training requirements.

This half-hour course is available from Post-grad on May 6, 2026 from 12:30-1:00pm and on June 8, 2026 from 1:00-1:30pm. This course will offer 0.5 category 1 credit hours and will be presented by Heather Frederick MS LMHC.

Learn more and register online: <https://ce.northeastcollege.edu/courses/view/NYSUpdatedAddendum>

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NGS Denial Issue Corrected; New Clearinghouse Issues

The NYSCA Insurance Committee (The NIC) remains in contact with NGS and several clearinghouses relative to the 2026 CMS updates which resulted in claim denials. During our testing we discovered new issues impacting clearinghouses. Please login for further instruction and guidance. [Read More](#) (members only)

Important Highmark BCBS Deadlines

Highmark BCBS and Echo Health have been communicating with the provider community regarding changes to the electronic claim submission and payment/remittance processes. The NIC is sending this NIC News to remind you of important deadlines to select your preferred payment method and ensure you are compliant with the revised claim submission process. [Read More](#) (members only)

NYS WCB TPA Changes and Other Updates

The NIC continues to communicate and work with the NYS Workers' Compensation Board (WCB) to keep our members updated on current and forthcoming changes that may impact your care of New York's injured workers. [Read more](#) (members only)

2026 Medicare and Medicare Advantage Updates

As discussed during the past year, the NIC anticipated significant changes in insurance offerings and benefits, especially within the 2026 Medicare Advantage market. Some carriers no longer offer a Medicare Advantage benefit, discontinued their programs in numerous counties throughout the country or changed their offerings. [Read more](#) (members only)

A New Plan for City Employees

Effective Jan. 1, 2026 New York City employees, pre-Medicare eligible retirees, and their dependents will be offered the New York City Employees PPO plan (NYCE PPO), a health benefit plan delivered through a partnership between EmblemHealth and UnitedHealthcare. [Learn More](#)

Clarification on Medicare Advantage (Part C) Chiropractic Coverage

It has come to the attention of the NYSCA that some plan materials for certain 2026 Medicare Advantage (Part C) plans have included language that may appear confusing and contradictory. We want to assure members that chiropractic spinal manipulation to correct a subluxation (active treatment) remains a covered service under all MA plans, consistent with Medicare Part B coverage. [Read More](#)

UHC Medicare Advantage Referrals

Starting Jan. 1, 2026, most members enrolled in UnitedHealthcare Medicare Advantage HMO and HMO-POS plans are required to obtain a referral from their primary care provider (PCP) before accessing certain specialist services. **GOOD NEWS: Chiropractic does NOT need a referral!** [Read more](#)

Payment of CPT code 99080 on Electronic Claims Submissions

Providers will have the ability to offset the cost of using an electronic submission partner by using code 99080. The price listed should accurately reflect the actual cost incurred by the provider for the electronic submission of the individual bill, up to a maximum of one dollar. Make sure that the 99080 code is the last code of the last date of services on the claim. This code applies to WC bills only; it does not apply to No Fault bills. [Read more](#)



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 Start Saving Today: NYSCA.SavingCenter.net



Feeling “Trapped” by the Confusing New NYS Trapped at Work Act? | Employer Handbook

HSE Partner Benjamin E. Mudrick’s latest Employer Handbook column for the Rochester Business Journal breaks down New York’s new Trapped at Work Act and the chapter amendment now moving in the NYS Legislature. The current law has created uncertainty for employers who use bonuses, relocation assistance, or tuition-related repayment agreements, and the proposed amendment is expected to clarify key provisions and delay the law’s effective date.

To read the full article on RBJ’s website, [click here](#).

Government Self-Disclosure Programs: Reduce Compliance Risk and Avoid Enforcement Actions

Noncompliance by individuals or organizations receiving federal funds could result in a costly government enforcement action under the False Claims Act or even criminal prosecution

Government self-disclosure programs are varied and unique to the administering agency

Self-disclosure may be mandatory, but many agencies offer voluntary disclosure programs

Self-disclosure must be navigated strategically with advice from experienced legal counsel

[Click here](#) to read the article.

Your Morning Briefing Webinar: How the “Trapped at Work Act” Impacts Employers

With a new year comes new laws, and New York State is no exception. On December 19, 2025, a new law was signed into effect which prohibits employers from requiring their employees to repay certain expenses if an employee leaves employment before working for a minimum period of time. On January 6, 2026, the New York State Legislature introduced proposed amendments to this law, which would significantly change the law’s scope and impact, including broadening the exceptions for certain types of repayment arrangements.

Join HSE’s labor and employment partners Anna McCarthy and Benjamin Mudrick for a discussion of whether and how this new law will impact workplace policies and agreements, including with respect to tuition reimbursement programs and agreements related to moving expenses, training costs, and other employment benefits.

In addition to discussing this new law, Ben and Anna will provide an overview of several new guidance letters issued by the U.S. Department of Labor and review federal changes regarding overtime and tip payments, which were introduced last year.

[Click here](#) to watch now.

Start the Year Off Right: Perform an IP Audit and Gap Analysis

Your company has a problem. You’ve neglected one of your most valuable assets: intellectual property! While businesses routinely perform financial, cybersecurity, and compliance audits, many fail to review their intellectual property (“IP”) portfolio until their hand is forced. Companies have trademarks, copyrightable works, inventions, trade secrets, and data rights that are left undocumented, misused, or incompletely protected.

The solution? [Click here](#) to read the article.

“Your Morning Briefing,” is a recurring webinar series presented by Harter Secrest & Emery’s [Labor and Employment practice](#). Kickstart your day with HSE attorneys Amy L. Hemenway and Anna S.M. McCarthy as they share and discuss the latest employment law updates in focused, 30-minute sessions. Designed to keep you informed and ahead of the curve, each session provides essential insights that will help you navigate the complexities of a workplace with confidence.

Grab your morning coffee and log on for a dose of timely employment law updates, ensuring you stay prepared and proactive in your professional endeavors.



On Tuesday, January 13, Governor Kathy Hochul delivered her fifth State of the State address where she laid out her priorities and agenda for this legislative session and what she hopes to accomplish. The speech contained numerous policy proposals, and the Governor also released a briefing book containing over 100 distinct proposals organized in eleven main topics areas, including: making New York more affordable, public safety, protecting consumers and workers, cutting red tape, education, healthcare, housing, and protecting the environment.

The overarching theme of all the proposals was making New York more affordable and some of the highlights from the Governor's State of the State included plans for Universal Child care in New York, auto insurance reforms, and regulating artificial intelligence to protect children on social media platforms.

The next week, on Tuesday, January 21, the Governor delivered her budget address outlining her priorities for her 2026 – 2027 proposed budget. Building on the themes from her State of the State address, she continued to focus on making New York a more affordable place to live. With that as her goal, the Governor is proposing a \$260 billion budget, which is a \$6 billion, or 2.4%, increase over the fiscal year 2025 – 2026 budget. This year's budget proposal includes \$10.3 billion less in federal funding to New York following the passage of H.R. 1 in July of 2025 and the expiration of pandemic-era healthcare funding to the State. This is an 11.4% decrease from last year. However, the State received higher-than-anticipated tax returns thanks to Wall Street's performance in the past year, which has helped cre-

ate some breathing room in the drafting of the proposed budget.

The proposed spending plan does not include any income tax increases, but it does include a three-year extension on the current New York corporate tax rate, which was set to expire at the end of this year and applies to businesses that net over \$5 million in profits. The plan also includes a 75% tax on tobacco-free nicotine pouches, like ZYN. This tax is estimated to bring in around \$54 million annually to the State.

As always, the two biggest cost drivers in spending for the proposed budget are education and healthcare, which represent about 60% of the total budget. In the education space, the Governor is proposing \$39.3 billion, which is a 4.3% increase over last year. Last year's budget included free breakfast and lunch for all students in the State. This year's budget would expand this program, adding \$50 million to the program to meet the demand. In the healthcare space, Medicaid spending would increase to \$48.5 billion, which is an increase 11.4% from last year, in large part to make up for the federal cuts that will take effect on April 1.

Once the Governor released her 2026 – 2027 proposed budget, the Senate Finance Committee and the Assembly Ways and Means Committee began to hold joint budget hearings, where they heard from interested parties about what was in, and in some cases, what was not in the Governor's proposed budget. The hearings concluded at the end of February, and in mid-March, both houses will release their proposed one-house budget bills, which will accept or reject the Governor's proposals as

well include the priorities for each house. Once all three budgets have been released, negotiations between the Governor, Senate and Assembly will commence with the hope of having a final budget deal in place by the State Constitutionally mandated deadline of April 1.

While there is nothing specific to the chiropractic profession in the Governor's proposed budget, we are very closely following several proposals. These proposals include scope of practice changes for several other professions and a proposed change to the workers' compensation authorization of providers who can provide treatment under that system. We will be following these proposals to see what is included in the final budget and review the one-house Assembly and Senate budgets once those are released to see if either house puts forward anything of interest to the profession.

For now, the focus is on the budget process, but we continue to work on our legislative priorities. The scope modernization bill sponsored by Assembly-member Sarah Clark and Senator Andrew Goundardes (A4706-B/S5860-B) remains our main legislative priority. We have continued to have conversations with the New York State Assembly and Senate in our efforts to get the bill passed in both houses this session. As a reminder, we passed the Senate this session. We have been talking with the Assembly on some minor technical issues they have raised. We're hoping that with a few more small changes; we can get this bill passed in both houses next session and sent to the Governor for her review.

(Continued on page 28)

(Continued from page 27)

We also continue to work on the look back audit bill sponsored by Assemblymember Charles Lavine and Senator Jessica Scarcella-Spanton (A3365/S5209), which would limit the time period for lookback audits by insurance companies; and the partnership bill sponsored by Assemblymember Crystal Peoples-Stokes and Senator Jessica Scarcella-Spanton (A2588/S3350), which would allow healthcare providers to form business partnerships with each other and medical doctors. For both bills, we are working with a broad coalition of other healthcare providers in New York as both bills will benefit many licensed professionals in New York.

Finally, we are focusing on the implementation of one of our legislative priorities from the last legislative session. The virtual credit card bill, sponsored by Assemblymember Alex Bores and Senator Jeremy Cooney (A3986/S2105), which requires that any insurer that uses a credit card, virtual credit card, or electronic funds to pay a provider's claim for reimbursement to notify the provider in advance if there is a fee to process the payment and provide an alternative payment method that does not impose a fee, was signed by the Governor in December. Some minor changes were made to the bill after it was signed, and the provisions of the bill will take effect this June. This bill was a big legislative win, and we think it will help providers receive payments by their preferred method without having to incur a fee. We will watch the implementation of this closely to ensure the desired goal is met.

The next State Board of Chiropractic meeting will be held on Thursday, June 11, 2026. We will share an update with the board, and all those in attendance at the meeting, about our legislative efforts and our progress on the scope modernization bill.

As always, if you have any questions, please feel free to reach out to any member of the Legislative Committee or NYSCA leadership.



The PAC Needs Your Support

The current New York Chiropractic enabling law (often referred to as our 'Scope of Practice') was crafted and signed into law in 1963. Up until that time, New York State chiropractors were being jailed for "practicing medicine."

For context, this is the same time period when:

- Martin Luther King Jr. delivered his "I Have a Dream" speech
- JFK was assassinated
- Touch tone phones were introduced by AT&T
- Smoking was still permitted in hospitals and doctors' offices
- US healthcare was still operating in a pre-Medicare and pre-Medicaid environment.
- MRI and CT had not yet even been invented

Over the past 60+ years, healthcare has dramatically changed.

For our scope to be updated, we must pass legislation, and we are close to accomplishing this goal. To help in this effort, we need to support legislators who understand this need. We do this through the New York Chiropractic Political Action Committee (NYCPAC), which supports candidates that are pro-chiropractic.

Organized medicine, managed care organizations, and other anti-chiropractic forces continue to spend hundreds of thousands of dollars each year to elect candidates that do not value the chiropractic profession.

Become a Monthly Contributor

[Click here](#) or scan the QR code to donate via credit card, either by a one-time donation or on a recurring basis. Or [click here](#) to download the donor form to make a donation by check.

No contribution is too small or large

We must do all we can to help support the profession and the thousands of chiropractic patients we serve. I am asking you to seize this opportunity to advance our profession.

We ask that you support your profession by donating to the NYC PAC today!

Dr. Chris Piering, Jr
NYC PAC Chair



Chiropractic Health Care Celebrates 30 Years as an American Public Health Association Section: Historical Update from 1983 to 2025

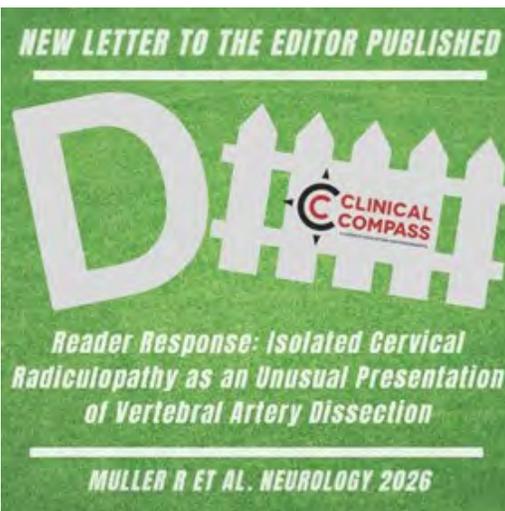
Totzke-hitzeroth A, Bensel V, Randolph M, Remsburg J, Kavanagh K, Daniels C. *JCC*. 2025;8(1):336-345.

Artificial intelligence in spine care: A scoping review of tx applications

Bensel VA, Habeck A, Brunot MH, Becton EJ, Ray M, Brackett AL, Lisi AJ. *N Am Spine Soc J*. 2025 Nov 20;25:100827. doi: 10.1016/j.xnsj.2025.100827. PMID: 41536317; PMCID: PMC12795695.

Adverse events following cervical spine self-manipulation: A systematic review

Meyer KW, Butler RJ, Trager RJ, Cupler ZA, Parrilla DN, Ziegler AL, Blackwood ER, Daniels CJ doi.org/10.1002/pmrj.70079



Which lumbar spinal stenosis patients will improve with nonsurgical treatment? A secondary analysis of a randomized controlled trial

Roseen EJ, Smith CN, Rahim A, Deal C, Fischer R, Morone NE, Flack A, Penza C, Suri P, Dougherty PE, Weiner DK, Schneider MJ. *Chiropr Man Therap*. 2025 Dec 9;33(1):57. doi: 10.1186/s12998-025-00620-0. PMID: 41366694; PMCID: PMC12690792.

Chiropractic Management of Adults with Cervicogenic or Tension-Type Headaches: Development of a Clinical Practice Guideline

Trager RJ, Daniels CJ, Hawk C, Taylor DN, Walters SA, Price MR, Anderson KR, Crivelli LS, Mooring SA, Staab CA, Oakley CB. *J Integr Complement Med*. 2026 Feb 13:27683605251397769. doi: 10.1177/27683605251397769. Epub ahead of print. PMID: 41685545.

Comfort during side posture lumbopelvic manipulation in a low back pain population—effects of a typical versus modified flexed lumbopelvic position: a crossover randomized control trial

Wang, S., Frangakis, E.M., Funabashi, M. et al. *Chiropr Man Therap* 34, 1 (2026). doi.org/10.1186/s12998-025-00621-z



No increased risk of spinal cerebrospinal fluid leak after spinal manipulative therapy: A retrospective cohort study

Trager RJ, Labak CM, Baumann AN, Snodgrass TH, Cupler ZA. *PM R*. 2025 Dec 26. doi: 10.1002/pmrj.70072. Epub ahead of print. PMID: 41451528.

Evaluation of chiropractic students' perspectives on back pain management following one of three clinical evidence-based educational training interventions: a cluster-randomized trial

Pohlman KA, Stuber KJ, Monier Z, Graham RB, Muller R, Cerf K, Boylan P, Browning AB, Malaya CA, Tom L, Palmgren PJ, Eklund A. *J Can Chiropr Assoc*. 2025 Aug;69(2):120-130. PMID: 41098646; PMCID: PMC12520749.

Transient and Long-Term Risks of Common Physical Activities in People With Low Back Pain

Suri P, Timmons AKI, Korpak AM, et al. *JAMA Netw Open*. 2025;8(12):e2547915. doi:10.1001/jamanetworkopen.2025.47915



Northeast College of Health Sciences

New Student NYSCA E-Board Elected

We are happy to introduce the new Executive Board of the Northeast College of Health Sciences Student NYSCA Chapter:

- President: Dorian Gonzalez
- Vice President: Rachel Blocker
- Treasurer: Jocelyn Mansell
- Secretary: Maegan Mueller
- PR: Jody Bray

Many thanks to the outgoing Board, particularly President Kayla Markland, for their outstanding leadership over this past year!



Northeast SACA Club Named Chapter of the Year at ACA Engage 2026

Northeast College of Health Sciences' Student American Chiropractic Association (SACA) chapter has once again been named SACA Chapter of the Year, reaffirming the College's long-standing tradition of student leadership, service and advocacy within the chiropractic profession. [Read more](#)



Northeast College Expands Chiropractic Education With Musculoskeletal Ultrasound Technology

SENECA FALLS, N.Y. — Northeast College of Health Sciences has added advanced musculoskeletal (MSK) ultrasound machines to its Integrated Learning Spaces and campus health centers, strengthening both chiropractic education and patient care while reinforcing the College's long-standing commitment to blending tradition with innovation. [Read more](#)

D'YOUVILLE UNIVERSITY

D'Youville SACA Club Named Most Improved Chapter of the Year at ACA Engage 2026

D'youville University's Student American Chiropractic Association (SACA) chapter has once again been named SACA Most Improved Chapter of the Year, This award recognizes a chapter that demonstrated growth and leadership despite facing challenges in previous years.

Also notable, NYC student Aidan Schutt was selected SACA national Vice Chair. The National Vice Chair plays a critical role in supporting the National Chair, acting as a liaison to school chapters, and overseeing committee activities.



Pictured here are NYC students attending ACA Engage 2026: Alexander Stoj, Clarice Byrne, Mackenzie Blackburn, Nathan Maddigan, Scott Prell, Matthew Inglut, Aidan Schutt, Annette Amoah, Raniella Aznar

D'Youville Snow Ball 2026

D'Youville Chiropractic Department held its annual formal gala on January 16, 2026. Attendees enjoyed food, games, photo booth, DJ, and dancing.

The event was organized to perfection by the D'Youville SACA chapter leadership team. The event was highly successful with 50 students and faculty were in attendance. Fun was had by all who attended.



D'YOUVILLE CHIROPRACTIC

SNOW BALL

01 • 16 • 2026



IN CASE YOU MISSED IT...

Windows 10 End of Support and its Implications for HIPAA

Windows 10 reached its official end of support on October 14, 2025, after which Microsoft stopped providing technical support, feature updates, and security updates for the operating system. The end of Windows 10 and conversion to Windows 11 is significant for HIPAA purposes.

Read more: www.hhs.gov/hipaa/for-professionals/faq/2014/does-the-security-rule-mandate-minimum-operating-system-requirements/index.html

More Details: Windows 10 End-of-Life hitconsultant.net/2025/08/05/windows-10-end-of-life-what-it-means-for-hipaa-compliance/

NYSCA Members Access to the Clinical Compass Evidence Center

We are pleased to announce a new member benefit designed to enhance clinical decision-making and support evidence-based chiropractic practice: Free Access to the Clinical Compass Evidence Center, available exclusively to members of our association through participation in the State Association Program.

Details: www.nysca.com/nysca-members-now-have-complimentary-access-to-the-clinical-compass-evidence-center

Introducing Your NYSCA Member Privilege with Saatva

What if you could help your patients sleep better—and enjoy exclusive perks for yourself?

NYSCA members now have access to exclusive savings and rewards through our new partnership with Saatva, the leader in luxury, eco-friendly sleep products.

Details: www.nysca.com/introducing-your-saatva-member-privilege

Chiropractic Merch Store Now Live

We're excited to launch the official NYSCA merchandise store, designed with chiropractors in mind. Whether you're outfitting your team or looking for something clean and professional for daily wear, this is a great way to support chiropractic in New York.

Details: www.nysca.com/the-nysca-merch-store-is-now-live

Special Savings with Jane.App

Jane Practice Management Software offers helpful features like easy online booking, flexible scheduling, customizable documentation, a secure payment solution, and more. Jane even helps you get paid on time and in full with integrated insurance billing. Use the link below to access your exclusive coupon code for a 1-month grace period on your new account!

Details: www.nysca.com/special-savings-for-nysca-members-with-jane-app

OIG Exclusion List Verification

All healthcare providers participating in federal programs (including Medicare) are encouraged to verify the OIG Exclusion List before hiring any staff—clinical or administrative—or engaging vendors whose services may be billed to Medicare, Medicaid, or other federal programs.

[Read More](#)

Member Access to Chiropractic Safety & Talking Points Related to VBA

Did you know? Valued members of the NYSCA have exclusive access to trusted resources designed to support informed conversations with your patients regarding the safety of chiropractic care—particularly as it relates to stroke and vertebralbasilar artery (VBA) concerns.

[Read more.](#)

CLASSIFIEDS

For full details on any listing below, visit the *NYSCA Classifieds* at www.nysca.com/classifieds

ASSOCIATE POSITIONS

Hopewell Junction, NY - Seeking chiropractor to perform EMG/NCV testing in offices across NYC's five boroughs, Westchester, and Long Island. Additional opportunities available in Buffalo, Rochester, Albany, Syracuse, and the Hudson Valley. Competitive pay and flexible schedule. Experience preferred; training available. Send CV to heather@hvneuro.com.

Corona, NY - Associate chiropractor needed for Bronx office. Fridays, 9:30 AM to 5:30 PM, starting January 2, 2026. W-2 position paying \$450 per day. Must hold active NY license and malpractice coverage. Personal injury and WC focus. Contact Dr. Thoden, 516-317-0921.

Smithtown, NY - Growing sports, trauma, and posture-based practice seeks associate. Competitive salary, benefits, 3 weeks vacation, and 401(k) with match. Weekly training and partnership opportunity after 5 years. Immediate opening. Contact info@smithtownchiro.com.

Hempstead, NY - Full-time associate chiropractor needed, Monday through Friday, 10 AM to 7 PM. Responsibilities include patient care, exams, and documentation. Seeking motivated, experienced doctor. Compensation \$450 per day. Call 917-225-5184.

New York, NY - Fast-growing Manhattan chiropractic practice seeks licensed, patient-focused chiropractor. Supportive team environment with opportunity for professional growth. Contact sophia@prestigehealthwellness.com.

Scranton, PA - Join rehab-focused clinic with massage therapy and radial shockwave. Guaranteed base \$84,000 plus commission, benefits, PTO, malpractice, CE support, and relocation assistance. Contact Sarah Warninger, 570-647-6661, swarninger@gmail.com.

Rye, NY - Family-oriented sports and wellness practice seeks skilled chiropractor, Diversified preferred. Competitive compensation, mentorship, and pathway to partnership. Send CV to Dr.slord@gmail.com.

Elmhurst, NY - Chiropractor needed for multidisciplinary rehab clinic specializing in WC and NF cases. Pay \$55 per hour, flexible FT or PT schedule. NY license required. Contact Coronahealthcare90@gmail.com or 347-229-9167.

Saratoga Springs, NY - Established practice seeks associate chiropractor. Competitive base plus commission, PTO, malpractice, health insurance, and 401(k). Partnership pathway available. Call 518-581-9100.

Rego Park, NY - Multidisciplinary practice seeking licensed NY chiropractor. Mentorship provided with long-term buy-in opportunity. Contact Dr. Alan J. Rosen, 516-606-1067, chiropracticapproach@gmail.com.

PRACTICES FOR SALE

Raleigh, NC - High-volume chiropractic practice generating over \$1 million annually available due to doctor's health. Flexible transition options. Contact CCCDECISSION@GMAIL.COM.

McKeesport, PA - Turnkey practice, building, and equipment with loyal patient base and rental income. Priced at \$375,000. Contact Dr. Jason, 412-225-4685, jasonkoch32@hotmail.com.

Rockville Centre, NY - 860 sq ft professional co-op with four tx rooms. Optional established practice available for \$75,000. Maintenance \$1,418 monthly. Contact 516-522-4969.

Corning, NY - Well-established Finger Lakes practice available as doctor retires. Strong patient base and growth potential. Call 607-936-4954 or email stormschiropractic@verizon.net.

Red Hook, NY - Long-standing chiropractic and nutrition practice

with turnkey systems and stable patient base. Contact 845-758-0100 or drmarkgoldhirsch@gmail.com.

New York, NY - Turnkey Manhattan practice and co-op office with collections exceeding \$300,000 annually. Asking \$555,000. Contact 646-354-9494 or sbschram@gmail.com.

Coral Springs, FL - Established 36-year practice with loyal base, modern therapies, and strong growth potential. Priced to sell. Contact 954-778-0242 or DrJeff@MaplewoodWellness.com

Lansing, NY - 44-year Activator practice available at very low price due to retirement. Call 607-280-2845 or email LCODC@aol.com.

Buffalo, NY - Established 40-year practice with building, equipment, and rental apartment. Contact Bob Stasiak, 716-823-4111.

Darien, CT - Well-established 37-year practice in prime location with strong base and growth potential. Contact Dr. Robert Marsillo, 203-247-6607, docrjm1@gmail.com.

OFFICE SPACE FOR RENT

Roslyn Heights, NY - Professional office sublet available Tuesdays through Saturdays in renovated building. Ideal for practitioner seeking low overhead. Contact Dr. Steven Silverman, 516-484-0776, Drmsilverman@aol.com.

Mineola, NY - Prime professional space with reception, treatment rooms, and ample parking. One block from train station. Flexible terms. Contact comppod-care1@hotmail.com.

Levittown, NY - Storefront space in busy shopping center available M/W/F/Sat. Ideal for expanding or starting practice. Contact Michelle Pfeffer, 516-782-5389.

Submit your classified ad

CORPORATE SPONSORS

NYSCA Sponsors are trusted business partners whose valuable contributions help NYSCA achieve its goals in advocating for you and your patients. For all they do, we owe it to them to first take a look at their products and services before going elsewhere and to support those who are supporting us. Remember — when doing business with NYSCA Sponsors, you are supporting your professional organization!

★ **American Chiropractic Assc**

Contact: 703-276-800
acatoday.org

★ **CGI Digital**

Contact: 585-427-0200
cgidigital.com

★ **Foot Levelers**

Contact: 800-553-4860
footlevelers.com

★ **Foundation for Chiropractic Progress**

Contact: 866-901-F4CP
f4cp.org

★ **Lewin & Baglio**

Contact: 516-307-1777
lewinbaglio.com

★ **NCMIC**

Contact: 800-769-2000x3555
ncmic.com

★ **Northeast College of Health Sciences**

Contact: 800-234-6922
northeastcollege.edu

★ **NutriWest NY**

Contact: 888-227-5469
nutri-westny.com

★ **Saatva**

Contact: 929.720.2842
saatvamattress.com

★ **Student Loan Tutor**

Contact: 385-444-2115
studentloantutor.com

EARN FREE MEMBERSHIP

... each time you refer a new member to the NYSCA!

Current NYSCA members who recruit a new regular member (not student, affiliate, associate, or retired/disabled) to join the NYSCA for a full year will in turn receive a 'thank you' from the NYSCA in the form of **two additional months** added to the end of their current membership term. Or, if the new member signs up for just a half year, the recruiting doctor receives one additional month of NYSCA membership. We have even sweetened the pot: there are **no limits** to how many times you can benefit from this incentive. To receive your referral month (s), the new member must make a semi-annual or annual payment and list you on their application form as their referring NYSCA member. (You may want to give a partially filled out application form to colleagues you are recruiting.)

If you are interested in promoting this offer to your friends and colleagues who may have been

considering joining NYSCA and are just waiting for someone to encourage them, and would like a list of non-members in your district, please contact your local district president or liz@nysca.com.

Membership Has Privileges

...and one of them is the self-respect a doctor feels, knowing that they are a part of something bigger than themselves, supporting their livelihood with collective energy and pooled resources.

What is the NYSCA?

The New York State Chiropractic Association is your statewide professional chiropractic organization, comprised entirely of your peers and colleagues. We have joined together in the promotion, advancement, and defense of Chiropractic. In conjunction with our full time lobbyist, the NYSCA monitors all legislation that affects our profession while working to protect and expand practice rights.

For questions regarding this membership program, please call the NYSCA at (518) 785-6346.

* New members are defined as DCs who have not been NYSCA members within the preceding 12 month period. The recruiting member's information must be included on the new member application. Only one member can receive the credit for recruiting a new member. Recruiting incentive is not valid for students, retired/disabled, affiliate, part time, or associate applications. Eligibility subject to verification; Subsequent year's dues payable at usual rate. New member discount offer is not valid for retired/disabled, affiliate, or associate members and may not be combined with other membership discounts.

TAKE FULL ADVANTAGE OF YOUR NYSCA MEMBER BENEFITS

Membership with the NYSCA makes you a part of the largest community of practicing Doctors of Chiropractic in New York State. This affords you an unparalleled opportunity for camaraderie with colleagues in your local area, to share with them in the trials and triumphs of day to day practice.

There are many ways for you to increase your benefit of being a NYSCA member:

- Benefit from the [Member Privileges Program](#), including group membership with F4CP
- Join your local NYSCA [Facebook Group](#)
- Attend local NYSCA [events](#)
- Attend semi-annual NYSCA [continuing education events](#)
- Enroll in [Monthly CE Webinars](#)
- Access [members-only content](#) online
- Participate in the [members-only forums](#)
- Update your [listing](#) in our website's find-a-chiropractor search
- Apply to be paired with or to become a [practice mentor](#)
- Submit complementary (FREE) [classified ads](#) (resource for career opportunities!)
- Participate in the annual NYSCA [elections](#)
- Receive [assistance](#) from the NYSCA's full-time administrative staff with routine questions - or for more detailed assistance, contact NYSCA committee chairpersons, who are practicing doctors of chiropractic with expertise in the area of their committee

LEARN MORE

If you are not yet a member, **join today** and start taking advantage of these special programs!

JOIN TODAY!

MEMBER PRIVILEGES

Membership with the NYSCA makes you eligible for members-only savings from a variety of businesses through the NYSCA Member Privileges Program. Have you taken advantage of the privileges NYSCA membership offers? Here are some of the opportunities open to you:



Complimentary access to the Evidence Center

GET YOUR CODE



NYSCA members, their employees and immediate family members are eligible for membership

JOIN TODAY



Complimentary consultation with a respected legal firm regarding NF, WC, and Commercial Collections, and general law and general contract questions.

LEARN MORE



Complimentary group membership

JOIN NOW



Save 20% in Our New Merch Store using an exclusive coupon code

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Significant savings in time and money with premier suppliers.

SAVE TODAY



Complimentary evaluation of your loan repayment strategy

SCHEDULE TODAY



Complimentary audit of your business's online presence

SCHEDULE TODAY



1-month grace period on your new account

GET YOUR CODE



Join Saatva's Chiropractic Partner Program to get discounts for your patients, 10% back on every referral, AND exclusive savings just for you!

LEARN MORE



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HP INK & TONER - SAVE UP TO 40% EVERY DAY!

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NYSCA members have access to exclusive savings on office essentials, cleaning/breakroom products, copy & print services, technology items, and more!

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New York State Chiropractic Association

PO Box 557, Chester NY 10918 | 518-785-6346 | 518-785-6352 FAX



APPLICATION FOR MEMBERSHIP

Contact Information

Last Name:	First Name:	MI:	<input type="checkbox"/> M <input type="checkbox"/> F <input type="checkbox"/> NB
Business Address:		County:	
City:	State:	Zip:	
Office Phone:	Office Fax:	Email:	
Referred to NYSCA by:		All fields required unless otherwise specified.	

License Information

NY Chiropractic License Number:	Date of Issuance: (MM/DD/YYYY):
Other State Chiropractic License(s):	

Education Information

Chiropractic College:	Degree(s):
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Personal Information (optional)

Date of Birth:	Home Phone:	Mobile Phone:
Home Address:		County:
City:	State:	Zip:

Membership Categories

Dues

Regular Membership	Annual / Monthly
<input type="checkbox"/> Regular Full Time – practicing more than 20 hours per week	\$540 or \$50/month
<input type="checkbox"/> Regular Part Time – practicing 20 hours or fewer per week	\$300 or \$25/month
<input type="checkbox"/> Regular Associate – spouse/employee of a regular FT member	\$300 or \$25/month
<input type="checkbox"/> Regular Early Career	
<input type="checkbox"/> New Licentiate – up to 1 year from date of NY licensure	\$0 – No Dues
<input type="checkbox"/> Early Career 1 – up to 2 years from date of NY licensure	\$120 or \$10/month
<input type="checkbox"/> Early Career 2 – up to 3 years from date of NY licensure	\$240 or \$20/month
<input type="checkbox"/> Early Career 3 – up to 4 years from date of NY licensure	\$360 or \$30/month
<input type="checkbox"/> Early Career 4 – up to 5 years from date of NY licensure	\$480 or \$40/month
Affiliate Membership – must be licensed to practice chiropractic in New York	
<input type="checkbox"/> Out of State Affiliate – licensed in NYS but practicing/residing exclusively outside NYS <i>Note: out-of-state affiliate members may neither vote in NYSCA elections nor hold office</i>	\$60/year
<input type="checkbox"/> In State Affiliate – licensed and residing in NYS but not in active practice due to one of the following:	
<input type="checkbox"/> Permanently disabled and/or retired from practice	\$60/year
<input type="checkbox"/> Employed full-time as faculty of a NY-based chiropractic college or other accredited NY-based university, college, school, or institution	\$60/year
<input type="checkbox"/> Employed full-time as supplier/vendor of chiropractic products and services or other practice equipment	\$60/year

Payment Information

Select One: Annual ¹Monthly

Payment Method

<input type="checkbox"/> VISA	<input type="checkbox"/> MasterCard	<input type="checkbox"/> DISCOVER	<input type="checkbox"/> AMERICAN EXPRESS
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²Card Holder:

Card#:

Security Code:

Billing Address:

Check Enclosed; Please make checks payable to:
New York State Chiropractic Association
PO Box 557, Chester NY 10918

Check here if you do **NOT** want 7% of your dues monies earmarked for NYCPAC. Refusal to contribute will not affect your membership rights.

³Signature:

For Office Use Only	Date Received:
	District Assigned:

¹ I understand that monthly membership requires a 12-month minimum commitment and cannot be cancelled during that period. After 12 months, I may cancel at any time using an easy and accessible method, provided notice is received at least 30 days before renewal. Membership benefits will continue through the end of the paid period.

² By supplying my credit card information, I authorize the NYSCA to charge my payment method automatically. Membership will automatically renew on my membership anniversary date at the applicable membership category and dues rate, which may change based on eligibility.

³ By signing, I acknowledge that, if my application is accepted, I agree to abide by the Certificate of Incorporation, Bylaws, and Membership Policy of the New York State Chiropractic Association, as well as all rules and policies adopted by its Board of Directors. I understand that professional conduct standards are set and enforced by the New York State Board for Chiropractic and the New York State Education Department, and I agree to comply with all applicable New York State laws and regulations.